COMMUNITY RESOURCES

Inclusive resources for diverse groups and individuals in the Boone/Watauga community:
⇒ One-to-One Friendship Programs:

- Best Buddies provides opportunities for friendships to be built between people with and without Intellectual and Developmental Disabilities (IDD)
- Aims to bridge the separation between those with IDD and others
- These programs exist in both school and community settings
  - Appalachian State has a Best Buddies Chapter through the SDAP program
  - Watauga High School has a Best Buddies Chapter

⇒ How do I get involved?

- Volunteer
- Donate
CRINKLEROOT RETREAT

Coordinator: Mary Sheryl Horine
828-262-7557
horinems@appstate.edu
https://ihhs.appstate.edu/outreach/hub-autism-and-neurodiversity-hand/camp-crinkleroot

⇒ Crinkleroot Retreat is a day camp for children, ages 8-18, with Autism Spectrum Disorder
  • Staffed by Appalachian State volunteers and faculty
  • Children have one-on-one supervision
⇒ Crinkleroot is a free day camp
  • Must submit an application online for your camper to participate (space is limited)
⇒ The retreat is held twice a year:
  • Fall camp (November): one-day camp for children, ages 8-18, with ASD
    - 2019 Date: Saturday, November 2
    - Fall camp takes place at Leon Levine Hall
  • Spring camp (April): weekend day camp for children, ages 8-14, with ASD
    - Siblings are also welcome to join
    - Spring camp takes place at Camp Sky Ranch
⇒ Indoor and outdoor activities are included: group interaction, expressive arts, nature activities, field games, s’mores making, etc.
⇒ Volunteer opportunities:
  • Volunteers must be currently enrolled at Appalachian State
  • An online volunteer application must be completed
⇒ Out in the High Country serves LGBTQ+ individuals in Watauga, Ashe, Avery, Wilkes, and Alleghany counties

- Community focused trainings:
  - Education
  - LGBTQ+ issues in the High Country

⇒ Representation and promotion of community for LGBTQ+ individuals and their allies

- Initiatives towards community meetings and support groups

⇒ Resource Guide
PROJECT RECREATION

Coordinator: Mandy Harrison
828-262-6336
harrisonmb@appstate.edu

⇒ Project Recreation is led by the Recreation Management Association at Appalachian State
⇒ It aims to serve the individual recreation needs of local youth and developmentally disabled adults each semester
  • Appalachian State students are matched with adults who are involved in supportive employment through Watauga Opportunities
  • The students serve as “recreation coaches” for the adults, participating in recreation activities with them, as well as teaching them how to be independent recreation consumers
⇒ The Division of Vocational Rehabilitation Services (DVRS) serves to assist those with disabilities in achieving their goals for employment and independence

- If you have a disability that prevents you from reaching your goals for success, DVRS will connect you to services and resources to best help you meet your goals

⇒ Click here to view the full list of services offered by DVRS
WATAUGA COUNTY CENTER FOR EXCEPTIONAL CHILDREN

Mary Smalling, Principal
Philip Norman, Assistant Principal
Jim Godwin, Assistant Principal
828-264-7700
http://www.watauga.k12.nc.us/hp

⇒ Watauga County Center for Exceptional Children operates through Hardin Park Elementary School

⇒ The center aims to serve multi-handicapped children from pre-school age to age 22

⇒ Teachers, a speech therapist and a physical therapist, and physical education instructors all participate to fit the needs of each student

⇒ Older students participate in a work study program at Watauga Opportunities

⇒ Services are free of charge
WATAUGA OPPORTUNITIES

828-264-5009
mmaybe@woiworks.org
http://www.woiworks.org/

⇒ Watauga Opportunities offers services to adults, 16 and older, with physical, mental, and emotional disabilities

- Serves Ashe, Avery, and Watauga counties
- Private, non-profit organization

⇒ Provides vocational assessment, career exploration and guidance, as well as work adjustment, developmental activities, and supported employment for people with disabilities

- Services include: job screening, training, placement, coaching, and support