

COMMUNITY RESOURCES

Inclusive resources for diverse groups and individuals in the Boone/Watauga community:



BEST BUDDIES

<https://www.bestbuddies.org/northcarolina/friendship-map/>



⇒ One-to-One Friendship Programs:

- Best Buddies provides opportunities for friendships to be built between people with and without Intellectual and Developmental Disabilities (IDD)
- Aims to bridge the separation between those with IDD and others
- These programs exist in both school and community settings
 - Appalachian State has a Best Buddies Chapter through the SDAP program
 - Watauga High School has a Best Buddies Chapter

⇒ How do I get involved?

- [Volunteer](#)
- [Donate](#)

CRINKLEROOT RETREAT

Coordinator: Mary Sheryl Horine
828-262-7557

horinems@appstate.edu

<https://ihhs.appstate.edu/outreach/hub-autism-and-neurodiversity-hand/camp-crinkleroot>



⇒ Crinkleroot Retreat is a day camp for children, ages 8-18, with Autism Spectrum Disorder

- Staffed by Appalachian State volunteers and faculty
- Children have one-on-one supervision

⇒ Crinkleroot is a **free** day camp

- Must submit an application online for your camper to participate (*space is limited*)

⇒ The retreat is held twice a year:

- Fall camp (November): one-day camp for children, **ages 8-18**, with ASD
 - 2019 Date: Saturday, November 2
 - Fall camp takes place at Leon Levine Hall
- Spring camp (April): weekend day camp for children, **ages 8-14**, with ASD
 - Siblings are also welcome to join
 - Spring camp takes place at Camp Sky Ranch

⇒ Indoor and outdoor activities are included: group interaction, expressive arts, nature activities, field games, s'mores making, etc.

⇒ Volunteer opportunities:

- Volunteers must be currently enrolled at Appalachian State
- An online volunteer application must be completed

OUT IN THE HIGH COUNTRY

<https://outinthehighcountry.wordpress.com/>



⇒ Out in the High Country serves LGBTQ+ individuals in
Watauga, Ashe, Avery, Wilkes, and Alleghany counties

- Community focused trainings:
 - Education
 - LGBTQ+ issues in the High Country

⇒ Representation and promotion of community for
LGBTQ+ individuals and their allies

- Initiatives towards community meetings and support
groups

⇒ [Resource Guide](#)

PROJECT RECREATION

*Coordinator: Mandy Harrison
828-262-6336
harrisonmb@appstate.edu*



- ⇒ Project Recreation is led by the Recreation Management Association at Appalachian State
- ⇒ It aims to serve the individual recreation needs of local youth and developmentally disabled adults each semester
 - Appalachian State students are matched with adults who are involved in supportive employment through Watauga Opportunities
 - The students serve as “recreation coaches” for the adults, participating in recreation activities with them, as well as teaching them how to be independent recreation consumers

VOCATIONAL REHABILITATION SERVICES

Senior Director for Employment Services: [Chris Egan](#)

Director: [Kathie B. Trotter](#)

828-265-5396

254 Winklers Creek Rd, Suite A. Boone, NC



⇒ The Division of Vocational Rehabilitation Services (DVRS) serves to assist those with disabilities in achieving their goals for employment and independence

- If you have a disability that prevents you from reaching your goals for success, DVRS will connect you to services and resources to best help you meet your goals

⇒ Click [here](#) to view the full list of services offered by DVRS

WATAUGA COUNTY CENTER FOR EXCEPTIONAL CHILDREN

Mary Smalling, Principal
Philip Norman, Assistant Principal
Jim Godwin, Assistant Principal
828-264-7700
<http://www.watauga.k12.nc.us/hp>



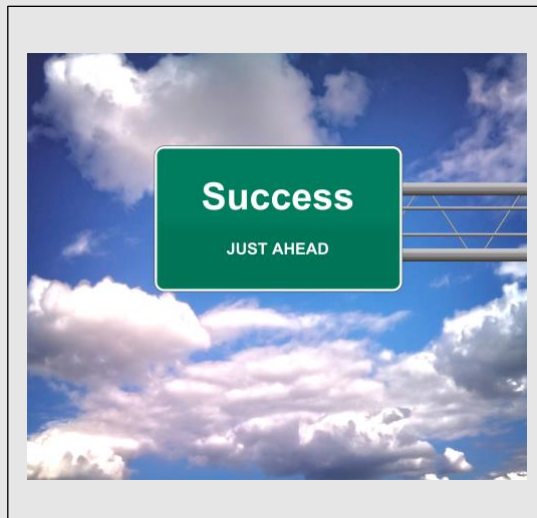
- ⇒ Watauga County Center for Exceptional Children operates through Hardin Park Elementary School
- ⇒ The center aims to serve multi-handicapped children from pre-school age to age 22
- ⇒ Teachers, a speech therapist and a physical therapist, and physical education instructors all participate to fit the needs of each student
- ⇒ Older students participate in a work study program at Watauga Opportunities
- ⇒ Services are free of charge

WATAUGA OPPORTUNITIES

828-264-5009

mmaybee@woiworks.org

<http://www.woiworks.org/>



⇒ Watauga Opportunities offers services to adults, 16 and older, with physical, mental, and emotional disabilities

- Serves Ashe, Avery, and Watauga counties
- Private, non-profit organization

⇒ Provides vocational assessment, career exploration and guidance, as well as work adjustment, developmental activities, and supported employment for people with disabilities

- Services include: job screening, training, placement, coaching, and support