

HOMELESSNESS AND FOOD INSECURITY

Resources for those experiencing homelessness and/or food insecurity on Appalachian State's campus and in the Boone/Watauga community:



APPALACHIAN STATE FOOD RESOURCE HUB AND FREE STORE

828-262-2659
sustainability@appstate.edu



- ◆ Monday – Friday, 8:30 am – 5:00 pm
- ◆ Primary location: **East Hall**, bottom floor
 - Available in the food pantry: non-perishables, fresh bread, and seasonal, local fruits and vegetables
 - Available in the free store: clothes, basic hygiene items, home goods, and school supplies
- ◆ Additional locations for food resources: RCOE in the James Center, D.D. Dougherty in the Student Access office, and Garwood Hall
 - The HPC office, located in RCOE 304, also has a food donation box
- ◆ How can I help?
 - [Donate](#)
 - To volunteer, contact sustainability@appstate.edu
 - To host a food drive for this store, contact Jennifer Maxwell at 828-262-2667

F.A.R.M. CAFE

828-386-1000
617 W. King St. Boone, NC
<http://farmcafe.org/index.html>



- ◆ Monday – Friday, 11:00 am – 2:00 pm
- ◆ Pay-what-you-can community kitchen
- ◆ Work an hour in exchange for a meal
- ◆ How can I help?
 - Volunteer: F.A.R.M. Café operates on a 90% volunteer staff
 - Pay it forward
 - [Donate](#)

HOSPITALITY HOUSE

“A community where every individual and family thrives.”

828-264-1237

info@hosphouse.org

338 Brook Hollow Rd. Boone, NC



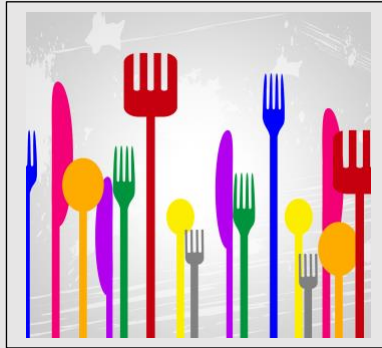
- ◆ 24-hour homeless shelter facility
- ◆ Services offered:
 - Homelessness Resources: if you are currently homeless, call 828-264-1237 and request to speak with the Emergency Shelter Coordinator; those with the highest level of need will be prioritized for housing services
 - Winter Seasonal Shelter: November 1 – April 30
 - Safe, warm environment for anyone expecting homelessness or living in an inhabitable structure
 - Must arrive before 5:30 pm each day, cots are distributed at 9:00 pm, and cots are put away the following day at 6:00 am
 - For information on more housing programs, [click here](#)
 - Hunger Relief Programs
 - Bread of Life Community Kitchen: provides three meals a day, every day of the year (Breakfast: 6:30 am – 8:30 am, Lunch: 11:30 am – 1:00 pm, Dinner: 5:30 pm – 6:30 pm)
 - Food Pantry: open every day from 9:00 am – 11:00 am and 1:00 pm – 4:00 pm; *No appointment necessary*
 - Must qualify for low-income assistance
 - Households are eligible to shop two times per month
 - Length of a food box: 3.5 days – 6 days per household

HUNGER AND HEALTH COALITION

828-262-1628

operations@hungerandhealthcoalition.com

141 Health Center Dr. Suite C Boone, NC



- ◆ Monday – Friday, 8:30 am – 4:30 pm
- ◆ Services offered:
 - Pharmacy: inhalers, insulin, COPD medications, Hepatitis C medications, anti-anxiety medications, antidepressants, antibiotics, and other items
 - Tuesdays and Thursdays, 9:00 am – 2:00 pm
 - Eligibility:
 - Residence in Watauga, Avery, or Ashe counties, income and assets at or below 200% of the Federal Poverty Level
 - Each client must provide proof of income (W-2, paycheck, etc.)
 - Food Pantry: food boxes provided on an emergency basis, or provided on a regular basis for the chronically ill or those with low fixed incomes
 - Fresh Market: local food donations are available for those who qualify to choose in a “shopping-like environment”
 - Food Recovery Kitchen: operates on *scheduled visits*; to-go meals prepared from local food donations are available throughout the day
 - Qualifications: to sign up, a photo I.D. and proof of a Watauga County address is required
 - Backpack Program: provides food for children and families who are experiencing food insecurity; designed to last children over the weekend while they are out of school and away from school-based food resources
 - To sign up, contact your child’s teacher or school counselor
 - To make a donation or sponsor a child: contact Anita Wilson at 828-262-1628